



Winter Session Classes now Forming, Tuesday-Friday

Horses4Heroes Family Equestrian Center
4975 North Miller Lane (Use La Madre entrance), 89149
(We are located one block west of Buffalo off Lone Mountain)
Email horses4heroes@gmail.com for more information.

Private/Semi-Private Riding Lessons: Ages 4 to 7

Private, \$40-\$50; Semi-Private, \$35-\$40; Two students' same family, same time, \$40-\$50
Each 30 to 45 minute session will include fundamentals of horseback riding, age-appropriate instruction for our younger students

Private/Semi-Private Horsemanship Sessions: Ages 8 and Up

Private, \$65-\$75; Semi-Private \$50-\$60; Two students' same family, \$65-\$75

During a One-Hour Horsemanship Session, students ages 8 to adult will learn:

- * Horse 101 (the who, what, why of horses)
- * Safe Handling, how to correctly halter and lead a 1,000-pound horse and/or mini horse
- * Grooming, how to groom a horse, which brushes we use, in what order and why
- * Saddling, parts of a saddle, purpose of a saddle, how to fit a saddle to a horse and rider, how to saddle and cinch
- * Riding time will focus on correctly mounting and dismounting, stop, start, steer, and proper use of hands, seat, and legs.
- * Rider Weight limit: 175 to 200 pounds (horses can carry 20% of their body weight)

After each session, students can expect to feel more confident, more accomplished, and proud of what you've learned. You also will discover that riding horses is a lot harder than it looks on TV, in movies and videos, that learning how to ride and work with horses require a great deal of time and patience and that there is much more to horseback riding than riding horses!

You must be a Horses4Heroes Member to sign up for lessons and horsemanship sessions. Membership is FREE for Active-Duty service members, Veterans, First Responders, teachers, healthcare professionals and their immediate families. Not a hero? You can be our hero by joining as a Friend for \$50. Join today at www.horses4heroes.org.

Las Vegas-based non-profit, Horses4Heroes, owns and operates the Horses4Heroes Family Equestrian Center. Our center is fully licensed and insured. Horses4Heroes serves local heroes and their families and others in our community who need a hand up, not a handout. All proceeds support the care and feeding of the horses and our free health and wellness programs.